

**Authority Grant Report****Project Information**

Name of the Person Completing this Report  
Brian Taylor

Title of the the person completing this report  
Executive Director

Phone number of the person completing this report  
907-374-5678

E-mail of the person completing this report  
brian@fairbanksyouthadvocates.org

GIFTS ID for this Project  
14440

Project Title  
Keystone Counseling Center (FY23)

Grant Amount  
25000.0000

Trust staff assigned to this project

**Population Served**

Please select each of the beneficiary groups served by this project.

All Beneficiaries  
Mental Illness  
Developmental Disabilities  
Substance Abuse

**Project Description**

This is the project description information in our database from your original application.

Keystone Counseling Center (KCC) is seeking funding to create a classroom and a more secure telemedicine platform. KCC strives to provide expansive and quality mental health services and awareness for our community. KCC will accomplish this through providing quality telemedicine opportunities and mental health education. In order to do this efficiently, we will be renovating 225 square feet of existing space into a classroom/education center.

Fairbanks Youth Advocates (FYA) believes that assisting at critical times in the lives of young people is vital to their present and future well-being, ultimately contributing to the stability and long-term health of our community.

FYA consists of Keystone Counseling Center (KCC) and The Door, a shelter for homeless youth. KCC works in conjunction with The Door in providing counseling and educational services to many Trust Beneficiary youth staying at the shelter, and their families. In 2021 alone, KCC served 144 new clients and The Door served 86 unduplicated youth.

In the Interior of Alaska, there is an identified lack of mental health resources and providers. Due to this shortcoming, many nonprofit organizations are struggling to provide services and meet needs without the ability to address underlying circumstances. FYA would like to help address this.

KCC is seeking funding to create a space and classroom to provide expansive mental health services and awareness for our community. KCC will accomplish this through providing quality telemedicine opportunities and mental health education.

KCC has established a partnership with the University of Alaska Counseling and Social Work Department to provide interns to assist with group counseling and community education. The educational workshops will equip members of our community on effective ways of addressing various topics to include; Mental Health concerns, Life Skills, Social Emotional Learning, Restorative Practices, Trauma Informed Care, and Motivational Interviewing, to name a few.

Through telemedicine, KCC aims to expand mental health counseling by eliminating barriers to access of services caused by distance, access to transportation, time between visits, and availability of providers that many individuals in rural Alaska face. This helps patients get the care they need more easily, and helps providers see more patients in less time.

Many of the youth and families that The Door and KCC serve suffer from a mental illness, substance abuse, or developmental disorder. By providing counseling and educational services to this group at an affordable rate, we are aiming to address chronic homelessness in the earliest stages.

A condition of your grant agreement was to register with the Alaska 211 information and referral system. Please indicate below whether this

has been accomplished. If not, please provide a brief description of why.  
YES

## Project Report Part One: Executive Summary & Beneficiary Information

**Please provide an executive summary of project activities for the current reporting period. Please be sure to include successes, challenges or lessons learned while implementing this project. Do not include performance measure information in this section. You will be asked to report performance measure data in the Performance Measure section to follow.**

### Executive Summary for this Reporting Period

Fairbanks Youth Advocates (FYA) would like to thank Alaska Mental Health Trust Authority (AKMHT) for approval of the \$25,000 grant. FYA believes your grant was a hand-up, and they have an ongoing sense of duty to be responsible with your investment in FYA (Keystone Counseling Center-KCC & The Door).

As we retrospectively view the positive outcomes of the AKMHT grant, we are very appreciative for all of the foundational research we did before applying for and securing the grant. The FYA Board took a deep dive into the root causes of youth homelessness in the Alaskan Interior. This expanded our focus from not only rescuing and resuscitating homeless youth, but also helped us better understand systemic issues and develop specific strategies for decreasing youth homelessness in the Fairbanks North Star Borough. Also, we gleaned information from the near decade long pool of historical data of both KCC and The Door. Some past strategies worked well, some worked moderately well, and some had little to zero return on investment.

Our labor market research was also integral in preparing us to apply for this grant. After our research, we were doubly convinced of our need to increase our capacity to provide state-of-the art Behavioral Health services to those dealing with the fruit of youth homelessness and to those dealing with the roots of youth homelessness. As part of this research, we enlisted feedback from our community partners who also see the effects of youth homelessness in the good work that they perform. All of our baseline research optimally prepared us to be laser focused on the resources bequeathed to us by AKMHT.

Our diligent preparation actually prepared us to succeed in the use of this \$25,000 grant. We were able to use grant funds, community donations, private FYA funds, and even some thrift-store bargains, to do the following: develop three professional counseling spaces in the KCC, one group space in the KCC AND one group space in The Door, and one Telehealth space for youth at The Door. The Door's Telehealth space has been used for youth's communications with The Office of Children Services, KCC, life-skills and youth skill development trainings, family mediation, and even on-line K-12 schooling.

Our preparatory work also made us acutely aware of some of our challenges. One major challenge was how to best provide life-changing behavioral health services to people living in the Arctic Interior. Our newly installed & revised HIPPA compliant, updated and stable Information Technology platform has allowed us to serve individuals and families in the entire triangular region of Anchorage to Fairbanks to Valdez. This stable IT platform has also enhanced staff training and preparations to better serve those we come into contact with. In short, more well-equipped staff have been unleashed inside FYA and into our community at large to serve and equip others. Now we can provide meaningful trainings to other 501(C)3 organizations, community partners, and private industries. This meets FYA's cultural value of being a contributor to our community versus simply being a non-profit entity only seeking hand outs from others. Because AKMHT gave us a hand-up, we can give a hand-up to other community entities and individuals.

Finally, it is import to iterate that all of the new upgrades, installations, programs, and trainings are 100% sustainable in the future. Our equipment is no longer a hodgepodge donated, unreliable, and often retrofitted infrastructure. It is now current technology, properly integrated and installed, optimally organized to serve the needs related to youth homelessness. This upgrade has already reduced our IT maintenance overall costs, decreased our IT downtime, and made us HIPPA compliant. Furthermore, all of our future IT maintenance costs have already been adjusted and fit into our general budget.

Thank you again for the \$25,000 hand-up graciously provided to FYA. As a result, FYA is a different and better-equipped agency to serve others. Since the onset of the grant in late July 2022, FYA (KCC & The Door) has touched the lives of hundreds of our military members, our community members and their families, and the homeless youth that formerly roamed the streets of the Fairbanks North Star Borough.

### Beneficiaries & Non-Beneficiaries Served

**In this section, we are looking for information about the number and type of Trust beneficiaries that have been served by your project. We understand that certain types of projects, such as capital grants for construction or planning grants will not be able to provide these numbers. However, for all grants that provide a direct service or training, we will need the numbers of unduplicated individuals served by beneficiary type.**

**For Direct Service projects a PRIMARY BENEFICIARY is an individual directly experiencing a Mental Illness, Developmental Disability, Chronic Alcoholism, Alzheimer's Disease or Related Disease, or a Traumatic Brain Injury. For Direct Service and**

**Workforce Development projects a SECONDARY BENEFICIARY is a family member or caregiver providing support to the primary beneficiary.**

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This is the number of beneficiaries experiencing mental illness that you proposed to serve in your grant application.

125

Please enter the number of beneficiaries experiencing mental illness served to date by your project. Please make sure that this is a cummalative number which includes all beneficiaries of this category served during both the current and previous reporting periods. If none, plese enter zero (0).

85

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This is the number of beneficiaries experiencing developmental disabilities that you proposed to serve in your grant application.

25

Please enter the number of beneficiaries experiencing developmental disabilities served to date by your project. Please make sure that this is a cummalative number which includes all beneficiaries of this category served during both the current and previous reporting periods. If none, plese enter zero (0).

14

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This is the number of beneficiaries experiencing chronic alcoholism or substance abuse that you proposed to serve in your grant application.

20

Please enter the number of beneficiaries experiencing chronic alcoholism served to date by your project. Please make sure that this is a cummalative number which includes all beneficiaries of this category served during both the current and previous reporting periods. If none, plese enter zero (0).

4

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This is the number of beneficiaries experiencing Alzheimer's Disease or related dementias that you proposed to serve in your grant application.

0

Please enter the number of beneficiaries experiencing Alzheimer's Disease or related dementias served to date by your project. Please make sure that this is a cummalative number which includes all beneficiaries of this category served during both the current and previous reporting periods. If none, plese enter zero (0).

0

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This is the number of beneficiaries experiencing a traumatic brain injury that you proposed to serve in your grant application.

0

Please enter the number of beneficiaries experiencing a traumatic brain injury served to date by your project. Please make sure that this is a cummalative number which includes all beneficiaries of this category served during both the current and previous reporting periods. If none, plese enter zero (0).

0

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**We recognize that you may serve individuals who fall into more than one of the above categories. In the following section,**

**please provide the number of individuals served who fall into two or more of the above Trust beneficiary categories. Please treat this section as separate from the above fields for duplication purposes. It is ok if individuals already counted above are included here as well.**

For individuals that can be counted in more than one Trust beneficiary group, please list the combinations that your project has served this reporting period. For example: 5 with mental illness/chronic alcoholism, 10 with developmental disability/chronic alcoholism, etc.

- 19--Mental Illness & Developmental
- 2---Mental Illness & Drug Addiction
- 1---Developmental & Drug Addiction

**We would like to know the number of secondary beneficiaries served by your project. Secondary beneficiaries are family members or caregivers providing support to primary beneficiaries.**

This is the number of secondary beneficiaries that you proposed to serve in your grant application.  
350

Please enter the number of secondary beneficiaries served to date by your project. Please make sure that this is a cumulative number which includes all beneficiaries of this category served during both the current and previous reporting periods.  
459

This is the number of non- beneficiaries that you proposed to serve in your grant application.  
100

Please enter the number of non - beneficiaries served to date by your project. Please make sure that this is a cumulative number which includes all people of this category served during both the current and previous reporting periods. If none, please enter zero (0).  
118

**This section is to gather information for projects related to workforce development and training.**

This is the number of people that you proposed to train in your grant application.  
250

Please enter the number of people trained to date by your project. Please make sure that this is a cumulative number which includes all people of this category served during both the current and previous reporting periods. If none, please enter zero (0).  
205

### **Project Report Part Two: Performance Measure Response**

#### **Performance Measures**

**Listed below are the performance measures that you negotiated with Trust staff. Please provide a brief narrative describing the current status for each performance measure listed below. Each section has a 500 word limit. If you have graphs or charts that help describe or clarify your progress, you may attach and submit later in the form.**

#### **Performance Measure 1 (from your grant agreement)**

Provide a narrative describing the timeline, activities, successes, challenges, and any lessons learned during the procurement of equipment, installation of equipment, and remodeling of the classroom space. Be sure to include before and after photographs in a PDF document of the new space and with the equipment in place.

#### **Your progress on Performance Measure 1**

500 word limit

The original grant agreement between AKMHT and Fairbanks Youth Advocates (Keystone Counseling Center & The Door) had a start date of 7/28/22. However, actual signatures and monies were only made available in early September 2022. Hence, the actual timeline of the grant is a bit truncated. September-October were months of research and ordering of most equipment (computers, monitors, servers, switches, cameras, and necessary training materials). The subsequent months were used of installation and upgrades of existing equipment.

KCC began seeing clients on September 6, 2022. For the duration of the grant, KCC saw youth ages 18 and younger, adults, families, couples, and community members. Individuals with major mental illnesses, alcoholism/addiction, PTSD, and developmental disabilities were seen. FYA offered trainings to clients, youth, staff, and community members. These trainings included, but were not limited to family mediation, independent living skills, CPR/First Aid, and a Teen Challenge Group (TCG). This TCG group was for mothers and daughters, held 1.5 hours group meetings, and met for 8 weeks. The goal was to address systemic homelessness issues and improve life, child, and parenting skills.

Successes and challenges of this project were remarkable. One success, because of the upgrades to technology, offices, and class room space, was that KCC was able to provide 356 individual client sessions between September 2022 through February 2023! 12% of these visits were via Telehealth! Telehealth visits were critical during the dark, harsh winter months that at times prevented clients from traveling. Another success was that multiple counseling spaces were development through the monies provided via this grant and FYA monies. Three counseling offices, one large counseling space/room, a youth group space, and a individual youth telehealth space were all created. Creating all of these spaces is more than we imagined possible, and these spaces are all used on a constant basis. One huge challenge was balancing people versus equipment. We had to close each of these new/remodeled spaces from time to time to do work or add equipment. The challenge was continuing to serve youth and clients while continuing the remodel/retrofit. The good news is that staff was flexible, and the youth, clients, learners were well-provided for and satisfied.

FYA learned a few valuable lessons for future projects: the installation expenses were much higher than anticipated. Staff Overtime, IT professionals, and other sub-contractors are very expensive in the Alaska Interior. The second lesson had to do with one of the most underserved populations that we were initially oblivious to: the military. Currently, military bases are short staffed by more than 20 full-time counselors. Thus, KCC had an enormous influx of military personnel needing counseling services. In addition to being short staffed, the local military bases have the highest soldier suicide rates in the nation. In 2021 alone, 17 soldiers--4 in one month, took their own lives in the Fairbanks North Star Borough. The dearth of services and the suicide epidemic had a huge impact on the clientele served by KCC.

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## Performance Measure 2 (from your grant agreement)

### Your progress on Performance Measure 2

500 word limit

Client progress and growth is Performance Measure 2: The information will be synthesized into 3 categories: Keystone Counseling Center (KCC), The Door, and Other (includes a mixture of KCC & Door efforts regarding services and trainings).

KCC provided 356 completed visits for clients. The total number of unique clients was 55. Of those 55, seven were under the age of 18, two were under the age of 18 and actively suicidal, and four were over the age of 18 and suicidal. All 55 clients had at least one documented major mental illness. 50 of the 55 clients were in some way related to the military (active duty, spouse, or child). A total of 54 appointments were scheduled (for unique clients), 53 appointments were attended, and two walk-in appointment were provided. As a result of serving 55 unique clients, 137 secondary beneficiaries were served. Due to the limits of defining secondary beneficiaries, this does not include other hundreds of military personnel, troops, companies, divisions, etc. that in high likelihood indirectly benefited from active duty personnel seeking mental health treatment.

The Door served a total of 38 unique youth, of which 6 were non-beneficiaries. Of the 38 served, 30 had mental health issues, 14 had development issues, 19 had intellectual challenges, 19 had behavioral issues, and four had substance abuse/alcohol issues. Many youth manifested more than one issue. All 38 youth "graduated" from The Door and were placed in the "next best step" placement (nuclear family, extended family, foster home, treatment facility, therapeutic foster placement, etc.). The Door is not a long-term youth homeless shelter. The goal is for youth to transition into their next-positive placement so they can continue to grow and mature into functional and productive adults. Hence, the stay of all 38 youth was less than or equal to 45 days. During this 45 day transition period, all of the youth received one or more of the following services: family mediation, behavioral mediation, substance abuse treatment, independent living-skills training, GED services, or financial/emotional/medical training or care. All totaled, 38 youth successfully completed 82 of the afore mentioned services. A total of 112 appointments were made for The Door youth and 109 appointments were successfully completed.

Other trainings were provided by Fairbanks Youth Advocates (KCC & The Door) to staff, homeless youth, other 501(c)3 agencies, commercial businesses, and individual community members. A total of 29 other classes/trainings were provided. These included, but not limited to, First Aid, BLS, Fire Safety, Narcan & Opioid Overdose, CPR, Art therapy, Youth development, sexual health, and Yoga trainings. The total number of registered participants was 113, and 112 participants successfully completed one or more these trainings. First Aid cards, BLS cards, Narcan & Overdose training cards were provided for those license-specific trainings. There were a total of 322 secondary beneficiaries for these specific trainings.

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### Performance Measure 3 (from your grant agreement)

#### Your progress on Performance Measure 3

500 word limit

Who and what percentage of youth, staff, and other individuals are better off as a result of the trainings, classes, or sessions? This is performance measure 3.

Of the 38 unique youth served under this AKMHT grant, 100% are better off having graduated from The Door Youth Shelter. Of the 55 unique individual community members, moms, dads, aunts, uncles, youth, and military members directly served via the AKMHT grant, 100% are better off. "Better off is defined as having "graduated" counseling, continued counseling, practicing newly learned coping skills, AND not following through with destructive behaviors (suicide, addiction, other self-destructive behavior). It is important to mention that all precautions have been taken to avoid any potential HIPPA violation. Thus, some of the summary information may be lacking specifics, but client privacy is a priority for FYA.

FYA currently employs 15 full and part-time staff. 87% of the staff are CPR and BLS trained. 66% are opiod overdose and Narcan trained. 66% of staff have their food services card. In addition, 87% of staff are trained in family, behavioral, and emotional mediation. 93% of the staff are trained in life-skills development and training. Two of the 15 employees are trained and/or licensed and offer ongoing counseling services to the general public.

With all of the data collected, categorized, and codified in writing, it is easy to think that the data are mindless and faceless. This is not the case! One very emotional success story is that of Val. Val (they/them pronouns) is a 14-year old that was one of Keystone Counseling Centers first clients. They struggled with PTSD, facial dysmorphia, and depression. During their initial visit, they was wearing a black hoodie. The hood of their sweatshirt was pulled over their head and cinched up around their face so as only their nose was visible. In addition to their black hoodie, they also sported oversized grey sweat pants and floppy tennis shoes that were 3 sizes too large. Val stared blankly at the ground and would not raise their eyes nor move their head to acknowledge people or voices. When the counseling center opened, KCC incorporated a therapy support Saint Bernard dog into the counseling facility. The goal from the outset is that this gentle giant, name Heidi, would pierce the most impenetrable issues that clients were/are dealing with. Week one was a only a meet and greet with the counselor and Heidi. Within one month, Val had taken the hood off their head, their full face was showing, and they began showing emotion towards our therapy dog. The combination of Heidi's unconditional love and our counselor's therapy were so impactful on Val that by Christmastime 2022, Val was sitting on the floor laughing and playing with Heidi and smiling. When the counselor stepped out of the office and called her to come into their session, Val would smile, kiss and receive kisses from Heidi, and walk with their head held high into the counselor's office. In early February 2023, Val made a surprise entry into KCC. They were dressed in a simple but beautiful dress with leggings, their hair was professionally cut and styled, make-up appropriately applied, they wore new dress shoes, and sported a mile-wide smile. In a few short months, Val had healed to the point of overcoming her facial dysmorphia and began blossoming into a self-assured young person. Remember, Val was coming to KCC during the entire remodel/construction of the new counseling offices and group meeting space. Val is a tremendous example of how KCC serves each one of its clients: with love, acceptance, professionalism, a non-traditional therapy dog, and well-trained clinicians. During the harsh winter weeks during which Val had appointments, they were able to see the KCC counselor via Telehealth. Val continues in counseling services up to the present time, and they continue to address other, chronic underlying issues that are best served through professional counseling.

In addition to Val, the AKMHT funds have allowed KCC and The Door to provide training to other Borough organizations: the United State military and its families, the Bread Line staff and clients, Northern Hope Center, several local churches, and privately owned public-serving dentistry. Without the funding for counselor offices, youth spaces, telehealth equipment and software, servers, switches, Electronic Health Record system, and other staff equipment, none of these services nor any of these successes would have been possible.

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## Project Report Part Three: Is anyone better off?

### Is Anyone Better Off?

**This is your opportunity to provide any additional supporting data to demonstrate how this project/initiative has helped "Turn the Curve", and describe how beneficiaries have benefitted from your efforts. Only report data that you have NOT reported earlier in your Executive Summary or in your Performance Measures. We are interested in QUANTITATIVE DATA OR CONCRETE examples. Potential data might include, but is not limited to: CSR data (e.g., changes in domains of functioning), results from training evaluations (i.e., Likert Rating Scales, Pre & Post test scores), Program Evaluations, Beneficiary statements about how this project has benefitted them, or Participant statements from training evaluations. You may attach charts, graphs or tables if it will help to clarify.**

Please enter a brief summary of the data here.

500 word limit

In late 2021, Fairbanks Youth Advocates faced a dire situation: The past Executive Director had been accused of embezzling more than \$100,000, and the decade-long tenured counselor at the counseling center had been fired due to ethics violations. The agency was near financial bankruptcy, and the counseling center was on life-support. Most importantly, FYA had failed its community partners and constituents. In summary, FYA had strayed from its mission, vision, and strategic plan to serve the most needy of their community.

By July of 2022, Fairbanks Youth Advocates had undergone several audits in an attempt to right its fiscal standing. The Door had gone through several state recertifications and audits. The counseling center had officially closed its business. Finally, a legal suit was publicly proceeding against the former ED. By this time, a new Board was in place, a new Executive and Deputy Director were in place, and 93% of all staff from 2021 had been replaced. Through the grieving, reestablishing, and rebuilding process, the Board and FYA leadership began to flesh out a vision of not only serving homeless youth at The Door youth shelter but also one of "working upstream" on the root causes of youth homelessness.

The leaders of FYA declared that the best way to work upstream and address youth homelessness was through a new counseling center. But, FYA had a small problem: it employed no counselors and had no adequate counseling spaces. Nevertheless, FYA began to work towards the opening of Keystone Counseling Center. Licensed counselors were recruited and vetted, and eventually one counselor was brought onto staff at KCC. At the same time, FYA leadership was aware of some obstacles to providing quality and impactful counseling services in the Borough area: outdated office space, inadequate servers, switches, computers, and no formal spaces at The Door to serve the homeless youth we sheltered. During one leadership meeting, a group of leaders proposed using FYA funds coupled with AKMHT funds to upgrade, build, develop, repurpose space to optimally serve clients. FYA initially reached out to other potential funding sources; however, FYA realized the most logical partners for their project was the Alaska Mental Health Trust. After evaluating the BIG dream versus a realistic plan developed with limited FYA and AKMHT funding, the overall project was scaled-down without sacrificing the quality of services offered. Hence, the AKMHT grant project was launched.

Is anyone better off? Absolutely yes! What follows are two life-change stories. These stories are 100% true, the names have been changed, and stories come from the mouths of those served. The stories were rewritten into third person to further protect individual's confidentiality.

Jake, 18, came to The Door after living in his car for 2 weeks in the depths of winter. After a turn of unfortunate events, he was forced to surrender the vehicle and face the streets on his own. Jake wandered the streets until a stranger pointed him in the direction of The Door. When Jake arrived, he was cold, hungry, and tired. He was given a warm, homemade meal and a bed to sleep in.

The Door staff coached Jake on interview skills and worked with him to develop a resume. He eventually applied at a local lumber yard. Jake was hired on as a laborer, and immediately began saving and budgeting through a financial life-skills program at the shelter. In addition, Jake took part in a life-skills training (through The Door) to learn about renting an apartment, maintaining a bank account, living a healthy lifestyle, and problem solving. Today, Jake has secured an apartment, completed his independent living skills training, and is currently working on completing his forklift certification for his new position.

Kayana, 17, arrived to The Door after a conflict at home. Kayana was in emotional distress and afraid to be alone on the streets. The first few days in the shelter, Kayana was given space to stabilize. She was enrolled in school; however, her grades were suffering due to the situation at her home.

At The Door, Kayana was able to receive counseling services to help her process through emotional trauma as well as mediation for her and her mother. The Door was able to help Kayana come to an agreement with her mother to enroll in a GED program to help her be more successful in school. Kayana returned home in much better spirits and with much better critical coping and communication skills. Six months later, Kayana graduated her GED program and secured an apprenticeship to learn mechanics. Kayana has also moved into her own apartment and has successfully completed the living skills program.

Val, Jake, Kayana and dozens of others, who were direct recipients of the space and services provided by FYA (KCC & The Door), have a better life today, and a brighter hope for tomorrow, as a direct result of AKMHT providing a hand-up to vulnerable individuals and families in the Alaska Interior.

## Project Report Part Four: Budget Information

### Budget Report

**In this section, we want you to report on the financial status of your grant. Below are the original grant budget categories from your grant agreement and the figures that you reported previously. Please provide the cumulative figures for all expenditures in the spaces provided. If you have spreadsheets or copies of receipts that you would like to include, please attach them on the following page.**

Personnel Services amount from grant agreement  
0.00

Total Personnel Services amount expended to date for this grant.(If none, please enter zero (0)).  
0.00

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Supplies amount from grant agreement  
0.00

Total Trust funded Supplies amount expended to date for this grant. (If none, please enter zero (0)).  
0.00

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Space or Facilities amount from grant agreement  
0.00

Total Trust funded Space or Facilities amount expended to date for this grant. (If none, please enter zero (0)).  
0.00

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Equipment amount from grant agreement  
23350.00

Total Trust funded Equipment amount expended to date for this grant. (If none, please enter zero (0)).  
27428.01

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Travel amount from grant agreement  
0.00

Total Trust funded Travel amount expended to date for this grant. (If none, please enter zero (0)).  
0.00

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Other Costs amount from grant agreement  
1650.00

Total Trust funded Other Costs amount expended to date for this grant. (If none, please enter zero (0)).  
2072.22

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**Budget Report Narrative**

Please use this space to provide any additional budget information. If you put an amount in the Other Costs section above, please detail what the other costs were utilized for here. Initially, FYA was going to embark on a \$100K project: \$50,000 of AKMHT and \$50,000 of other funding (private and public). However, as FYA discussed their project goals with AKMHT, AKMHT advised FYA to "scale down" their project and take one step at a time. That was very wise advice, and that is what FYA did. The overall project of upgrading their Telehealth platform, making possible Telehealth options for our homeless youth at The Door, professionalizing our counseling space(s), and setting up some group spaces took precedence over other options. And, that is what FYA went to work on!



Overall, FYA spent nearly \$30,000 in completing this project. None of the AKMHT equipment monies were used for one-time consumables. Routers, switches, computers, training materials, other hardware and software, desks, chairs, tables and the like are all reusable equipment. Some of the \$2072.22 used for "other costs" were for consumable items such as saw blades, paint rollers, furniture pads, screws, tape and the like. One of the discoveries we made was that FYA had many handy-persons already employed for them: there were individuals who could plumb, do electrical work (one of the employees is a licensed electrician!), perform basic carpentry, and do IT installation. Thus, FYA was able to mix their skilled employees and professional paid laborers and optimize grant monies! Rest assured, none of the grant monies were used to "pay" FYA employees! Rather, all FT and PT FYA employees were paid out of our regular payroll accounts regardless of the work they performed.

Finally, because of the pooling of resources, FYA was able to accomplish much more than ever envisioned with the AKMHT monies: Initially, the plan was to develop one professional counseling space; instead three were developed. Initially the plan was for one classroom; instead one group classroom at KCC and one group meeting space at The Door were developed. FYA also upgraded our Electronic Health Records program, and saved nearly 90% of the monies previously spent by entering into a business agreement with an EHR company developed specifically for 501(c)3 organizations. Lastly, FYA has installed a reliable, HIPPA compliant, Telehealth platform that ALL current and future KCC counselors can use to serve and to address the root issues and the current youth homelessness issues in the Alaska Interior.

Funds Requested at this time.

Please indicate here if you are requesting a reimbursement or advance from The Trust at this time. Please note: if you are requesting funds, appropriate financial backup must be included with this report. If you are not requesting funds at this time, please enter zero (0).  
\$5,000.00

**Attachments**

Title	File Name
	<a href="#">Counseling Space #2.jpg</a>
	<a href="#">Counseling Space #1.JPG</a>
	<a href="#">Counseling Space #3.jpg</a>
	<a href="#">Group Room #1 photo.jpg</a>
	<a href="#">Group Room #2 photo.jpg</a>
	<a href="#">New Flooring Prep for Counseling Space.jpg</a>
	<a href="#">New Carpet Installed in Counseling Spaces.jpg</a>
	<a href="#">Preping New Equipment.jpg</a>
	<a href="#">Youth Telehealth station.pdf</a>
	<a href="#">FYA Training At Local Non-Profit.jpeg</a>
	<a href="#">Youth Group Area Before Grant.pdf</a>
	<a href="#">AMHT Category Summary Report (Revised 04.13.23) - 2.pdf</a>
	<a href="#">AMHT Detail Report by Classroom Class 01.28.22 - 02.28.23 (Revised 04.13.23).pdf</a>
	<a href="#">AMHT Detail Report by Counseling Space Class 01.28.22 - 02.28.23.pdf</a>
	<a href="#">AMHT Detail Report by Equipment (Other, Unclassified) Class 01.28.22 - 02.28.23.pdf</a>
	<a href="#">AMHT Detail Report by Equipment-Other Class 01.28.22 - 02.28.23.pdf</a>
	<a href="#">AMHT Detail Report by Other Costs Class 01.28.22 - 02.28.23 (Revised 04.13.23).pdf</a>
	<a href="#">AMHT Detail Report by Telehealth Class 01.28.22 - 02.28.23.pdf</a>
	<a href="#">AMHT Detail Report by Youth Telehealth Class 01.28.22 - 02.28.23 (Revised</a>

04.13.23).pdf  
Youth Group Counseling Space  
table, chairs, and coffee  
bar.pdf

Files attached to this form may be deleted 120 days after submission.